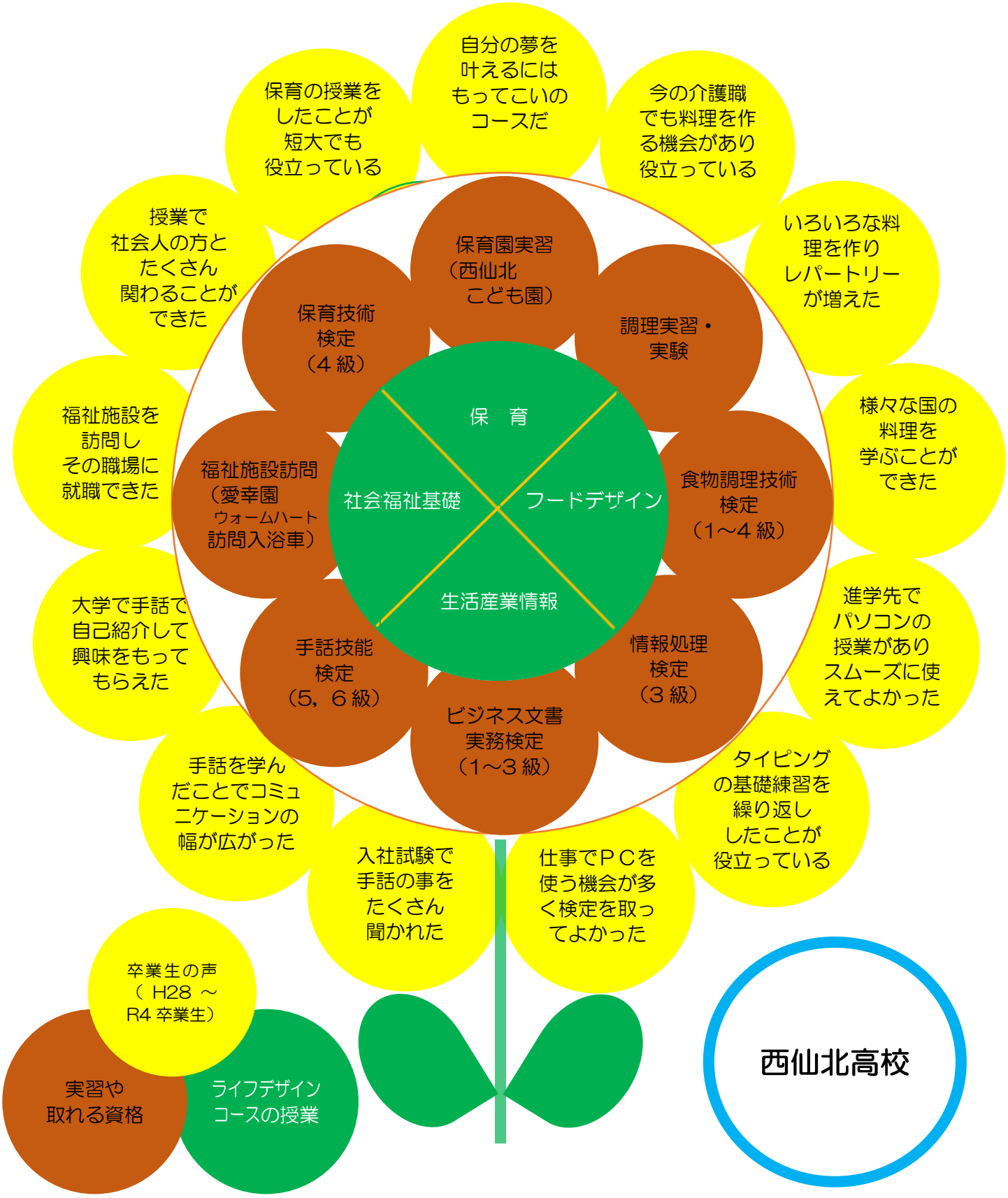ライフデザインコースの特徴